



The Human Body Handbook: A Simple Yet Powerful Guide to Maximizing Your Health and Function So You Can Avoid Drugs and Surgery, and Live a Longer, Healthier, More Active Life (Paperback)

By Alex Wiant DC

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Health in the US is in a sad state. We spend over \$9,000 per person per year, yet have the same life expectancy (79.8 years vs 79.4 years) as someone in Cuba, who only spends \$300 per year on health care. We are over doctored, over medicated and it is underwhelming. Preventable harm to patients, either through correct or incorrect medications, necessary or unnecessary surgery, diseases caught in the hospital, doctor error, etc is the third leading cause of death in the US, killing 400,000 people per year. According to Death By Medicine, if you record unreported deaths, the toll reaches 784,000, making modern medicine the number one killer in America. This is simply unacceptable. It s abundantly clear that instead of looking to and relying on drugs and surgery to keep us healthy, we should try to maintain our health and avoid emergency situations where medical intervention is necessary. People have been schooled very well to rely on a pill, and how to seek medicine through drug ads infiltrating our television commercials and magazines, but are very...



Reviews

The publication is easy in read through safer to comprehend. It is actually loaded with wisdom and knowledge Its been printed in an extremely simple way and is particularly simply right after i finished reading through this pdf where actually modified me, affect the way i believe.

-- Ms. Clementina Cole V

This is the very best publication i have got read until now. It is definitely simplified but shocks within the fifty percent of the pdf. You may like how the article writer create this pdf.

-- Rosario Durgan

See Also



The Right Kind of Pride: A Chronicle of Character, Caregiving and Community (Paperback)

Right Kind of Pride, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. After 20 years of marriage author Christopher Cudworth and his wife Linda faced a future changed by...



The Voyagers Series - Europe: A New Multi-Media Adventure Book 1 (Paperback)

Strength Through Communications, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****. The Voyagers Series is a new multi-media, multi-disciplinary approach to teaching reading that provides students with a stimulating,...



No Friends?: How to Make Friends Fast and Keep Them (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Do You Have NO Friends? Are you tired of not having any friend and being lonely all the time...



To Thine Own Self (Paperback)

Dog Ear Publishing, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Carefree and self assured Carolyn loves her life. Her uncle runs the day-to-day details of her company leaving...



How to Make a Free Website for Kids (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Table of Contents Preface Chapter # 1: Benefits of Having a Website Chapter # 2: Signing Up for a Website...



Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...