



50 All Natural Body, Skin, and Hair Recipes: Quick, Simple and Easy to Enhance the Beauty of Your Body, Skin and Hair! (Paperback)

By Dana Selon

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.It gets extremely difficult to decide whether or not to rely on cosmetic and chemical products to manage a good and fit body Similarly, managing long, strong and voluminous hair is dream of every woman and with the increasing workload and lack of time; now-a-days even men are finding it hard to maintain healthy hair. This naturally results in form of excessive hair loss and dry and damaged hair, in men and women both. Due to lack of time people now-a-days rely a lot on chemical products available in bulk in the market. As many beauty products are available at your convenience in the market, people are still worried about making their skin look beautiful with minimum efforts. Keeping all this in mind this book has been written to provide you quick, easy and simple natural, herbal and home remedies to deal with the dilemma. This book contains:
1.Recipes on getting long, strong and healthy hair 2.Tips on managing a fit and healthy body 3.Recipes to achieve glowing and beautiful skin By reading this book...



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Reviews

This written publication is wonderful. It really is loaded with knowledge and wisdom You will not really feel monotony at at any time of your time (that's what catalogues are for relating to if you ask me).

-- **Desmond Becker**

Absolutely essential go through publication. I am quite late in start reading this one, but better then never. You will not feel monotony at at any time of the time (that's what catalogues are for regarding if you ask me).

-- **Ambrose Thompson II**